

## 75 RANDOM ACTS OF KINDNESS TO DO WITH YOUR KIDS THIS SUMMER!

- Deliver muffins to the school staff
- 2. Have a free lemonade stand in your driveway
- Feed the ducks at a park
- 4. Leave money and popcorn taped to a Redbox
- 5. Donate clothes and baby items to a woman's shelter
- 6. Buy ice cream cones for kids at a restaurant play area
- Give a bouquet of flowers to a friend or relative
- 8. Bring in your neighbor's trash can
- Make a bird feeder for your yard
- 10. Make cookies for your neighbors
- 11. Give snacks and drinks to kids at a community pool
- 12. Leave dollar bills on toys at a dollar store
- 13. Leave dimes around a playground
- 14. Give snacks and water to the garbage man
- 15. Order dessert for another family at a restaurant
- 16. Leave a pack of baby wipes on a restroom changing table
- 17. Tape quarters to an arcade game
- 18. Pick up litter in a park
- 19. Leave an activity book on the seat of a shopping cart
- Deliver cases of water to a homeless shelter
- 21. Pick up and put away toys that have fallen off a store shelf
- Donate books to a retirement community
- 23. Donate food to a food pantry
- 24. Sponsor a child through ChildFund International
- 25. Put together heat relief packets for the homeless
- 26. Move a shopping cart in a parking lot to the cart corral
- 27. Donate shoes to Soles 4 Souls
- 28. Hand out bottles of water to people out for a walk
- 29. Make laundry detergent bags for Ronald McDonald House
- 30. Cut hair and donate to Wigs for Kids
- Donate toiletries to a shelter
- 32. Leave coloring books and crayons in the waiting room of a children's hospital
- Make bookmarks to leave in books at the library
- 34. Deliver treats to your local fire station
- 35. Pay for groceries for someone in line at the grocery store
- Write letters and send to soldiers
- Leave change taped to a vending machine
- 38. Give someone a compliment

- 39. Pay for the person behind you at the drive through
- 40. Hold the door open for someone at a store
- 41. Recycle plastic bags, cans and batteries
- 42. Buy someone a drink at a convenience store
- 43. Donate dog and cat food at an animal shelter
- 44. Give a drink and a snack to your mailman
- 45. Donate puzzles to an assisted living center
- 46. Donate school supplies to a back-to-school drive
- 47. Mow the lawn for your neighbors
- 48. Send a nice note to a friend
- 49. Wash the windows for someone at a gas station
- 50. Help each other with daily chores
- 51. Hold the elevator for someone
- 52. Give money to a homeless person
- 53. Leave a book in a park with a note saying why you enjoyed it
- 54. Leave a positive note on someone's car windshield
- 55. Help someone carry bags out of a store
- 56. Drop off toys at a homeless shelter
- 57. Donate diapers to the nursery at church
- 58. Walk your neighbor's dog
- 59. Smile at every person you meet
- 60. Leave an extra large tip and a nice note for your server
- 61. Do extra chores around the house without being asked
- 62. Make dinner and deliver it to someone in need
- 63. Leave quarters in a gumball machine
- 64. Buy another family snacks at the movie theater
- 65. Hand out suckers and encouraging notes
- 66. Invite your neighbors over for an outdoor movie night
- 67. Leave a bottle of bubbles on a park bench
- 68. Buy treats for other kids from an ice cream truck
- 69. Plant flowers for your neighbors
- 70. Tape money to a gas pump
- 71. Leave extra tip money for a street performer
- 72. Plant a tree
- 73. Take donuts and a note of appreciation to the police station
- 74. Re-fill a pet clean-up station with plastic bags
- 75. Invite neighborhood friends over for the afternoon so their parents can run errands